

Community Group	Time	Class	Booking	Room
Friday	9.30am-10.45am 9.30am-11.30am	Little Ballers Toddlers	Book via Jill - 07769 934 523 No booking required	Main Hall Toddlers
	9.30am-10.30am 11am-12noon	Yoga with Kerry Gentle Circuits	Book via Kerryogi.com or 07985 339 459 No booking required	Double Room Main Hall
	11am-1pm 12.30pm-3pm	Killingworth Art Group Cardiac Rehab	Book via Margaret - 07877 999 237 Invited by NHS / GP Surgery	Double Room Main Hall
	3pm-5pm	Carpet Bowls	No booking required	Main Hall
	5pm-6pm	Walking Netball	Contact the Centre	Main Hall
	6pm-7pm	Pilates with AMY	Book via Amy Pape on Facebook	Toddlers
Saturday	9am-10am	Boogie Bounce	Book via Leanne Sales - 07732 654 919	Main Hall
	9am-12noon	Mini Athletics	Book via 07947 188 995	Double Room
	9.30am-11.30am	Tappy Toes	Book via Carly Griffiths - carly@tappytoes.com	Toddlers
Sunday	9.15am-10.15am	Yoga with Kerry	Book via Kerryogi.com or 07985 339 459	Main Hall
	10am-4pm	Sew Toon	Book via Tamlyn - sewnonthetyne@gmail.com	Double Room

What's On?

West Moor Community Centre



Weekly Programme May/June 2026



Toddlers
Room Size: 11m x 6m



Main Hall
Room Size: 18m x 10m



Double Room
Room Size: 12m x 8m



MUGA Pitch
Size: 38m x 22.5m



ROOMS AND FOOTBALL PITCHES AVAILABLE TO HIRE

Pitch hire (MUGA) from £30 per hour
Room hire for parties start from £80 for 3 hours
Prices for day hire of rooms available on request

WEBSITE



FIND US ON

www.westmoor.org.uk
FACEBOOK ... Westmoor Community Centre
INSTAGRAM ... @westcc
TELEPHONE ... 0191 216 1005

FACEBOOK



Charity Number - 1163694

Community Group	Time	Class	Booking	Room
Monday	9.15am-10.15am 9.30am-11.15am 9.30am-12.30pm 10.15am-11.45am 12noon-1pm 1pm-3pm 1pm-2pm 1.30pm-3.30pm 1.30pm-3.30pm 2pm-3pm 3.30-7pm 5.45pm-6.45pm 6pm-7pm 7pm-10pm 7.30pm-8.30pm	Zumba Gold Toddlers Tappy Toes Carpet Bowls Lunch Club Killy Crafters Tai Chi Ladies Group Movie Group Yoga Jill Taylor Dance Boogie Bounce Pilates with Stef TLHC Ladies Choir Yoga with Stef	No booking required No booking required Book via Carly Griffiths - carly@tappytoes.com No booking required No booking required Held monthly No booking required Held alternative Monday's Held alternative Monday's No booking required Term Time - book via jillerrington.co.uk Book via Leanne Sales - 07732 654 919 Book via Stef - 07833 940 501 Book via june53637@gmail.com Book via Stef - 07833 940 501	Main Hall Toddlers Double Room Main Hall Main Hall Toddlers Main Hall Double Room Double Room Toddlers Toddlers / Main Hall Main Hall Toddlers Main Hall Toddlers
Tuesday	9.30am-1pm 9.30am-11.30am 12.30pm-1.30pm 1pm-3pm 1.30pm-3.30pm 2pm-4pm 5.30pm-8pm 5.30-6.30pm 7pm-9pm	Baby Bloom Toddlers GP Referral Sue & Elaine Sequence Dancing Craft Club Bingo Flawless Dance Anti-Natal Pilates with Amy WI - Westmoor Rockets	Book via Baby Bloom - jennifer@babybloomwellbeing.co.uk / 07917 838 505 No booking required Invite via NHS / GP Surgery Contact the Centre No booking required Held on 1 st Tuesday of each month Book via Latoya Gibb, Flawless Dance - latoyaa-ox@hotmail.com / 07984 022 304 Book via Amy Pape on Facebook Contact westmoorrockets@hotmail.com - Held once a month	Double Room Toddlers Main Hall Main Hall Double Room Double Room Main Hall Toddlers Double Room
Wednesday	9.30am-10.30am 10am-12noon 10.45am-11.45am 11.45am-12.30pm 11am-12noon 12.30pm-4pm 1pm-4pm 2pm-3pm 4pm-6.15pm 6pm-7.30pm 6.30pm-7.30pm 7pm-9pm 7pm-9pm 7.45pm-8.45pm	Pilates with Stef Art Group Active Mams Mini Movers Chair Yoga Cardiac Rehab Sewical Living Well With Cancer Pilates Simply Dance Academy Pigment and Paper Art Boogie Bounce Camera Club Community Choir Line Dancing with Stacey	Book via Stef - 07833 940 501 No booking required FREE - Just Turn Up - Active North Tyneside FREE - Just Turn Up - Active North Tyneside Book via Kerryogi.com or 07985 339 459 Invited by NHS / GP Surgery Alternate Wednesdays- Book via Tamlyn - sewnonthetyne@gmail.com Book via Stef - 07833 940 501 Book via Simply Dance - simplydanceacademy@gmail.com / 07498 499 095 Book via info@wiktoriaanne.art Book via Leanne Sales - 07732 654 919 Alternate Wednesdays - contact the Centre or westmoorphotographygroup.co.uk Alternate Wednesdays - contact the Centre Book via Stacey - 07468 535 096	Double Room Toddlers Main Hall Main Hall Double Room Toddlers / Main Hall Double Room Toddlers Double Room / Main Hall Toddlers Main Hall Double Room Double Room Main Hall
Thursday	10am-12noon 10am-12noon 10.15am-11am 11.30am-12.30pm 2pm-4pm 5.30pm-9pm 6.30pm-7.30pm 6.15pm-9.15pm 7pm-9pm	Coffee Morning Stitches Zumba Gold GP Referral Mens Group Flawless Dance Pilates with Rachel Sew Toon Sign Language Classes	No booking required Contact the Centre No booking required Invite via NHS / GP Surgery No booking required Book via Latoya Gibb, Flawless Dance - latoyaa-ox@hotmail.com / 07984 022 304 Book via Rachel thewellhousetherapy@gmail.com Held monthly - Book via Tamlyn - sewnonthetyne@gmail.com No booking required - Held Monthly - Must have basic level sign language	Double Room Toddlers Main Hall Main Hall Double Room Main Hall Double Room Double Room Toddlers